

KS4 PHSE Programme of Study (2025 - 2026)

	Autumn 1 - 'Equality & Diversity'							Autumn 2 - 'Living in the Wider World'							
	SRE							Health & Wellbeing							
	Coercive, exploitative abusive relationships	Gas lighting and emotional abuse	Forced marriage	Divorce, separation and loss	Stalking, harassment and the law	Assessing readiness for sex	Abortion	LGBT Rights	Resilience, social media, trigger warnings and trauma	How can we help ourselves and others to combat loneliness?	Deep fakes, malicious use, the law and staying safe	Body image, social media, and eating disorders	What is social anxiety and how do we manage it	Unplanned pregnancy - what are young persons choices?	What is nitrous oxide and how dangerous is it?
	Notes/Links/Interleaving				Additional Higher Content Adoption and Fostering			Notes/Links/Interleaving				Additional Higher Content Minimising stress What leads people to becoming homeless?			
	Spring 1 - 'The Circle of Life'							Spring 2 - 'Conflict'							
	Living in the wider world							SRE							
	Social media and personal validation	What are hate crimes? Why are there so many in the UK?	Equity and equality - what is the difference?	How will AI affect our future careers?	What are our rights and responsibilities in the workplace?	Tattoos, piercing and body modification	Health & Safety - Employment and Law	Language, macroaggression and bullying	Pronouns and the widerworld	Parenting costs and consideration	Sexualisation of the media	Pornographic deep fakes and non consensual images	Honour violence and killings	Responsible public health choices	
	Notes/Links/Interleaving			Additional Higher Content The dangers of cybercrime and the dark web				Notes/Links/Interleaving			Additional Higher Content				
	Summer 1 - 'Health & Leisure'							Summer 2 - 'Crime & Punishment'							
	Health & Wellbeing							Living in the wider world							
	Unwanted, fixed and obsessive behaviours	Criminal behaviur and mob mentality	Fertility, menstrual and gynaecological health	Gender, gender roles and transgender	Neurodiversity explored and explained	Personal safety and risks on the street		Choosing post 16 options	Personal safety and independent travel	Ideology and extremism - what is radical ideology?	Why are online privacy and data protection important?	How is the cost of living crisis affecting us?	Types of employment: local, national and abroad	Writing fantastic CV's and job applications	
	Notes/Links/Interleaving			Additional Higher Content Suicide and prevention - what do we need to know?				Notes/Links/Interleaving			Additional Higher Content How can I successfully revise and prepare for my exams				