

KEY STAGE 4 LIFE SKILLS – CURRICULUM INTENT



CONFIDENCE



RESILIENCE



INDEPENDENCE



PREPARED FOR
ADULTHOOD



The Life Skills Curriculum

The Northumberland Pupil Referral Unit KS4 Life Skills Scheme of Work has been developed to ensure pupils have a broad and progressive curriculum that will help develop the skills and knowledge they require to establish confidence and independence within adulthood.

The curriculum has been developed by using and widening the National Curriculum, it draws from a range of subjects within the National Curriculum (English, Maths, Science, Technology, PSHE and Computing), including elements that are relevant and transferable to real world situations in order to produce a broad and balanced progressive, sequential long term plan with consideration of the local area and resource.

All aspects of which comply with legislation and national guidance, this includes the teaching of Sex and Relationships Education (SRE) and Careers Education, Information, Advice and Guidance (CEIAG) across school.



“ Our aim is to equip every pupil with the skills, knowledge and experiences they need to live a happy, healthy and successful life as confident, independent adults. ”



Intent

The intent of our KS4 Life Skills curriculum is to deliver a curriculum which will inspire happy, confident, resilient and independent learners who are prepared for adulthood.

As a result of this, the pupils will:

- Develop a sense of self awareness with relation to their identity, health and wellbeing as well as the wider world in which they live.
- Reflect upon their own behaviour and attitudes as well as their relationships with others – considering what is appropriate and responsible as well as the impact behaviour can have on others.
- Know how to remain safe within the home and the wider community, including online.
- Know how to stay both physically and mentally healthy and the impact that poor health can have on their lives; including personal hygiene, diet, exercise and emotional wellbeing.
- Be encouraged to consider their own support network and sources of help and guidance, in a range of areas.
- Develop a greater knowledge, awareness and understanding of their locality.
- Question and explore the world around them; applying their observations, experiences and understanding to real world scenarios.
- Be encouraged to reflect upon their personal opinions and beliefs, in relation to the work covered, and consider who/what has influenced these views.
- Consider effects that humans have on the environment and ways in which they can support some environmental issues.
- Develop their ability to express themselves by sharing thoughts, experiences and feelings verbally and by other means (i.e. artistic techniques, use of technology)
- Develop skills directly linked to employment – writing CVs and personal statements, completing applications.
- Know how to maintain and clean, safe house – including use of appliances.
- Know how to prepare food and develop their cookery and bakery skills – including how to ensure food hygiene.



This has been produced with high and equal aspirations for all participating learners and incorporates;



PFA LINKS

Promoting personal development and aspirations.



CULTURAL CAPITAL LINKS

Broadening experiences and understanding of the world.



READING OPPORTUNITIES

Developing literacy, confidence and a love of reading.



KEY VOCABULARY

Building subject specific and life skills vocabulary.

Empowering today's learners for tomorrow's world.

