

Individual Support/PSHE Programme KS3


Theme/Focus/Key Question

Students will study a variety of topics pertinent to their age. This programme will be complimented by 1:1 sessions responding to personal issues. There may also be adaptations to reflect current affairs and world events. E-Safety is covered during each child's induction to the unit.

Interventions Required

Interventions will be implemented flexibly and according to need. This will be planned having considered referral documents and will be flexible to accommodate new information arising.

Weekly Plan

	Objective/ Key question. Students will investigate/learn about:	Teacher Led	Individualised Learning	TA Role	AfL
Week 1	Personal Hygiene	http://www.teachertube.com/video/psa-personal-hygiene-165298  Personal Body Hygiene Final.pptx Discuss 'personal hygiene' as a group Watch clip and pp. (above)	Produce a Personal Hygiene Charter inc. at least 5 points. Illustrate appropriately	Make ready necessary equipment; support individual students as necessary.	Do students recognise the various aspects of personal hygiene (bathing; laundry; environment; oral etc.)
Week 2	Healthy, balanced lifestyles	Teacher led discussion re. what is a balanced lifestyle	Students analyse their own lifestyle, produce a graph or similar, and comment on any changes they think would be beneficial.	Make ready necessary equipment; support individual students as necessary.	Can students recognise the facets which make up a healthy lifestyle and the importance and complementary nature of these

Week 3	Healthy Eating	http://archive.teachfind.com/ttv/www.teachers.tv/videos/eating-whatever-you-like.html Discuss diets- do we make healthy choices? What do we think are 'good' foods? Consider food labels and discuss-any surprises? 'Eat Well Plate' activity/food groups discussion Healthy vs Nutritious-same thing?	Students design a healthy, nutritious meal. Add courses if time allows.	Make ready necessary equipment; support individual students as necessary.	Do students understand the terms 'healthy' and 'nutritious'? Can they distinguish between food groups? Can they identify the good and bad in their own diet?
Week 4/5	Substance Misuse Alcohol/drugs/tobacco	http://archive.teachfind.com/ttv/www.teachers.tv/videos/ks3-ks4-pshe-drugs-breaking-the-habit.html https://www.tes.co.uk/teaching-resource/teachers-tv-ks3-4-pshe--alcohol-stories-6047897 Consider source material and discuss as a group	Students will produce an information source for Yr 7 students in an appropriate format.	Make ready necessary equipment; support individual students as necessary.	Can students demonstrate an awareness of the short and long term issues; do they know where to seek advice?
Week 6	Sexual Health	External agency?		Make ready necessary equipment; support individual students as necessary.	
Week 7	Bullying Awareness	http://www.dailymail.co.uk/news/article-3089827/Girl-14-charged-video-boy-punched-face-goes-viral.html Watch the clip-discuss the questions on the plan	Students will produce an information source for Yr 7 students in an appropriate format.	Make ready necessary equipment; support individual students as necessary.	Can students explain what is meant by 'bullying'; its varying nature; potential victims and perpetrators; possible strategies?
Week 8/9	Prejudice and Discrimination	http://www.bbc.co.uk/education/clips/zhvncw http://www.srtrc.org/resources/homophobia http://www.srtrc.org/uploaded/Shabina%27s%20story.pdf http://www.srtrc.org/resources/films/show-racism-the-red-card http://www.srtrc.org/uploaded/Johnny%20Delaney.jpg	Students participate in a debate on 'Why people are prejudiced' and produce a piece of writing offering their conclusions	Make ready necessary equipment; support individual students as necessary.	Do students understand the terms 'prejudice, discrimination, racism, homophobia, Islamophobia'; the legal

		http://www.srtcr.org/resources/films/islamophobia-trailer Examine source material and discuss			implications; have their attitudes changed at all?
Week 10	Human Rights	https://www.truetube.co.uk/film/human-rights-what-do-you-think Examine source material and discuss	Students research human rights abuses and produce a montage based upon their findings	Make ready necessary equipment; support individual students as necessary.	Can students identify the difference between 'want and need'? Are students aware of their rights? Can students identify human rights abuses at home and abroad?
Week 11	Mental Health	https://www.truetube.co.uk/film/mental-illnesses-defined Examine source material and discuss	Students research statistics and facts and produce an information sheet	Make ready necessary equipment; support individual students as necessary.	Are students aware of the varied nature of MHI and its prevalence in society?
Week 12	Homelessness	http://www.shelterclassroomkit.org.uk/index.php?subject=secondary Examine source material and discuss	Students examine source material from Shelter and complete tasks	Make ready necessary equipment; support individual students as necessary.	Do students have an awareness of the number of homeless; reasons why and an awareness of agencies who help?