



# SMILE Together



**Activity sessions for families with a disabled member to come and take part in fun, relaxed sports and physical activities together.**

## Monthly Family Sessions

These sessions are for all families. Sessions cost £2 per person, first session is FREE.

### The Swan Centre, Berwick, TD15 2AS

Occurs on the 3<sup>rd</sup> Saturday of the month

10.30-11.30am – 4-7 years

11.30-12.30pm – 8+ years

Session runs monthly until July 2020, please note there will be no session in December 2019.

### Ashington Leisure Centre, NE63 9JY

Occurs on the 2<sup>nd</sup> Saturday of the month

1.30-2.30pm – 4-7 years

2.30-3.30pm – 8+ years

Session runs monthly until July 2020, please note there will be no session in December 2019.

### Northburn Community Centre, Cramlington, NE23 3YP

Occurs on the 4<sup>th</sup> Wednesday of the month

6.30pm-7.30pm

These sessions start on Wednesday 22<sup>nd</sup> January 2020

| Date                              | Venue   | Time          |
|-----------------------------------|---|---------------|
| Saturday 2 <sup>nd</sup> November | Prudhoe Community High School, NE42 5LJ         | 1.30 - 2.30pm |
| Sunday 2 <sup>nd</sup> February   | Willowburn Centre, Alnwick, NE66 2JH            | 10am – 12nn   |
| Saturday 7 <sup>th</sup> March    | Concordia Leisure Centre, Cramlington, NE23 6YB | 1.30 - 2.30pm |
| Sunday 5 <sup>th</sup> April      | Riverside Centre, Morpeth, NE61 1PR             | 10am – 12nn   |
| Saturday 2 <sup>nd</sup> May      | Prudhoe Community High School, NE42 5LJ         | 1.30 - 2.30pm |
| Sunday 7 <sup>th</sup> June       | Willowburn Centre, Alnwick, NE66 2JH            | 10am – 12nn   |
| Sunday 5 <sup>th</sup> July       | Concordia Leisure Centre, Cramlington, NE23 6YB | 10am – 12nn   |



## Family Fun Days

These events are fun taster events for all families to come and try sports and physical activities. Minimum age of 4 years. FREE of charge.

For more information contact SMILE:  
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