



Northumberland's P.R.U.

Stage 4 Personal Development Programme of Study (Year 1)

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15
Autumn	Autumn 1 – ‘Equality & Diversity’								Autumn 2 – ‘Living in the Wider World’						
	Subject Area Topic – Relationships & Health & Well-being								Subject Area Topic - Citizenship						
	1. Peer on Peer Relationships	2. Online Relationships	3. Respectful Relationships	4. Being Safe and Consent	5. Intimate Relationships	6. Relationships and Sexual Health	7. Mental Health	8. Drugs	1. Health and Prevention (Importance of Sleep)	2. UK Governance	3. Human Rights	4. UK Legal Systems	5. Mutual Respect and Understanding	6. Work Experience	7. Career Related Skills
	Notes/Links/Interleaving			Additional Higher Content					Notes/Links/Interleaving		Additional Higher Content				
Spring	Spring 1 – ‘The Circle of Life’							Spring 2 – ‘Conflict’							
	Subject Area Topic							Subject Area Topic							
	1. Online World and the Physical World	2. Internet Safety	3. Diet Culture	4. Citizens Role in the Community	5. Income & Expenditure	6. Careers Guidance	1. Law of Employment	2. CV and Applications	3.	4.	5.				
	Notes/Links/Interleaving			Additional Higher Content				Notes/Links/Interleaving		Additional Higher Content					
Summer	Summer 1 – ‘Health & Leisure’							Summer 2 – ‘Crime & Punishment’							
	Subject Area Topic							Subject Area Topic							
	1.	2.	3.	4.	5.	6.	1.	2.	3.	4.	5.	6.	7.		
	Notes/Links/Interleaving			Additional Higher Content				Notes/Links/Interleaving			Additional Higher Content				

