



SMILE Together



The SMILE Together project is delivering sessions and events for families with a disabled member, parent or child, living in Northumberland.

Your opportunity to come take part in fun, relaxed sports and physical activities together in a welcoming and friendly environment.



Sessions and events are for all disabilities. Some sessions are age specific.

South East Northumberland Monthly Family Sessions

Session run monthly until July 2020.

2nd Saturday of a month starting 10th August 2019

1.30-2.30pm – 4-7 years

2.30-3.30pm – 8+ years

Ashington Leisure Centre, NE63 9JY

£2 per person (First session is free)



North Northumberland Monthly Family Sessions

Session run monthly until July 2020.

3rd Saturday of a month starting 17th August 2019

10.30-11.30am – 4-7 years

11.30-12.30pm – 8+ years

The Swan Centre, Berwick, TD15 2AS

£2 per person (First session is free)



A Year to Go Event

Come and celebrate a year to go to the next Paralympics with your local Paralympian Stephen Miller and try a range of different sports and challenges as a family.

Saturday 31st August 2019

10am-2pm

Concordia Leisure Centre, Cramlington, NE23 6YB

Family Fun Days

These events are fun taster events for all families to come and try sport and physical activities. Minimum age of 4 years. Free of charge.

Saturday 7th September 2019

10am-11.30am

Druridge Bay Fitness Centre, The Precinct Hadston, NE65 9YF

There will be more fun days booked in so keep an eye out for all details on our website and social media platforms.

For more information contact SMILE:
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www.smilethroughsport.com