



Northumberland's P.R.U.

PE CURRICULUM INTENT

*“Be active.
Be healthy.
Be your best.”*



BE ACTIVE



BE INCLUDED



BE YOUR BEST



At Northumberland PRU we have an approach to Physical Education and sporting activity which aims to help students develop physically, emotionally and socially, ensuring this is inclusive for ALL. It places the individual learners at the heart of practice with the ultimate goal of our students feeling valued, included, challenged and supported in their learning. We ensure that our students have the opportunity to discover and develop their physical potential by providing a broad range of activities.



Here at Northumberland PRU we focus on encouraging students to enjoy PE and sport, have fun, be active for a sustained period of time and lead healthy, active lives. We deliver a broad and balanced curriculum ensuring this is stimulating and innovative to ensure students become lifelong participants as well as develop character and confidence.



We are further committed to recognising the importance of Physical Education and sport beyond the curriculum. Here at Northumberland PRU we believe that providing opportunities for students to participate in extra-curricular activities and competitive sport creates an environment to embed key whole school values such as Leadership, Organisation, Resilience, Independence and Communication all of which are fully aligned to the National Curriculum.



LEADERSHIP

Leading by example
and inspiring others.



ORGANISATION

Being prepared,
planned and focused.



RESILIENCE

Overcoming challenges
and never giving up.



INDEPENDENCE

Building confidence
to make your own choices.



COMMUNICATION

Working together and
sharing ideas.

*Active today,
stronger tomorrow.*